

**October 16 & 17, 2008  
Markham, (Toronto) Ontario**

# **More than Picky: Take the Fight out of Food with Food Chaining®**

**A Multidisciplinary Treatment Approach to Treating Feeding Aversion For Infants and Children**

PRESENTED BY: **Sibyl Cox, MS, RD, LD, CLC**  
**Cheri Fraker, MS, CCC/SLP-L, CLC**  
**Laura Walbert, MS, CCC/SLP-L, CLC**

COST: **\$419** US includes an extensive course syllabus, continental breakfast, refreshment breaks and Certificate of Attendance

REGISTRATION DEADLINE: **October 7, 2008**

## **COURSE OVERVIEW**

This course will be presented by the authors of the book, "Food Chaining: The Proven Six Step Solution to Stop Picky Eating, Solve Feeding Problems and Expand Your Child's Diet." This course will focus on multidisciplinary therapy strategies to develop Pre- and Food Chaining programs for treatment of children with severe feeding disorders. Fraker, Walbert, and Cox's therapy programs have been presented as effective therapy techniques at The World Congress of Gastroenterology, Hepatology, and Nutrition, The North American Society for Gastroenterology, Hepatology, and Nutrition, The American Speech Language and Hearing Convention, The UCLA/MCH Nutrition Leadership Conference and The American Academy for Cerebral Palsy and Developmental Medicine.

## **COURSE OBJECTIVES**

By the conclusion of this course, the participant will be able to:

- discuss nutritional status and readiness for intervention;
- demonstrate knowledge of the complexity of pediatric feeding disorders and the need for multidisciplinary assessment programs;
- develop complex, multidisciplinary treatment programs for children with diagnoses of autism, prematurity, cerebral palsy, feeding aversion, food allergies, behavioral and/or sensory-based feeding disorders;
- demonstrate knowledge of the techniques of Food Chaining®: analysis of the core diet, the techniques of flavor mapping and flavor masking, use of transitional flavors, and the rating scales for identifying food progression and monitoring progress.

**WHO WILL BENEFIT** – Speech/Language Pathologists, Occupational and Physical Therapists, EI Specialists, Dietitians and others who are working with Feeding Aversion.

<b>SPECIFICS TO BE ADDRESSED:</b>	
<b>DAY ONE (Thursday)</b>	
<b>TIME</b>	<b>TOPIC</b>
7:30-8:00 am	Registration/Continental Breakfast
8:00-9:00	Understanding GI Disorders Interpretation of Medical and Feeding History
9:00-10:00	Nutrition Evaluation Infant Formulas Caloric Supplements Food Allergies Failure to Thrive Analysis of Growth Charts Readiness for Intervention
10:00-10:15	Break
10:15-Noon	Pre-Chaining: - Precautionary Care Programs for Medically Fragile Infants, Non-Oral Feeders, Treatment of Aspiration
Noon-1:15	<b>Lunch – PROVIDED</b>
1:15-3:00	Six Steps of Food Chaining Analysis of the Core Diet Flavor Mapping Individualized Eating Profile Use of the Rating Scales Using Food Chaining in Treatment
3:00-3:30	Diagnosis and Treatment of Sensory and Behavioral-based Feeding Disorders
3:30-3:45	Break
3:45-5:15	Using Food Chaining in Treatment
<b>DAY TWO (Friday)</b>	
7:30-8:00 am	Continental Breakfast
8:00-10:00	Food Chaining Programs: - Meal Time Preparation - Initial Food Chains - Tips for Introducing Food - Anchor Foods - Social Stories, - Teaching about Food - Food Chaining Programs for Children with Autistic Spectrum Disorder - Gluten Casein Diet
10:00-10:15	Break
10:15-Noon	Food Chaining Programs for Children with Cerebral Palsy Vision and Hearing Impairment GI disorders and Food Allergies Meeting a Child's Nutritional Needs Tube Feeding Programs Positioning Programs Feeding Program Development Writing Food Chains
Noon-1:30	Practicum – Group case studies – writing Food Chains
1:30-2:00	Questions and discussion / Dismissal

## **WHEN & WHERE?**

**• Oct. 16 & 17, 2008  
Markham, Ontario**

**Holiday Inn Hotel & Suites  
Toronto-Markham**

7095 Woodbine Avenue

**PARKING** – complimentary

**DIRECTIONS** – go online to  
[www.holidayinn.com/yyz-markham](http://www.holidayinn.com/yyz-markham)

## **CONTINUING EDUCATION RECOGNITION**

Each participant will receive a certificate documenting attendance and the awarding of CEU's/contact hours.

This course offers 1.4 CEU's or 14 contact hours.

## **ADDITIONAL INFORMATION**

Additional Information, please contact either:

**Bonnie Pomeroy Arenes, SLP**

Feeding Assessment & Consultation Services

c/o Children's Treatment Network, Oak Ridges, Ontario

Telephone - Toll Free 877-464-9675 Ext. 2318

E-Mail - [bparenes@msh.on.ca](mailto:bparenes@msh.on.ca)

or

**Linda S. Neilson, PhD**

Continuing Education Programs of America

E-Mail - [CEPA@MTCO.COM](mailto:CEPA@MTCO.COM)

Telephone - 309-263-0310

**On-line details/registration available @ [www.cepauniversity.com](http://www.cepauniversity.com)**

## **OVERNIGHT ACCOMMODATIONS**

**Holiday Inn Hotel & Suites  
Toronto-Markham**

7095 Woodbine Avenue

Markham, Ontario

905-474-0444 or

1-800-387-3303 FOR RESERVATIONS

Rates: Single or Double \$115\*

**Cutoff on rooms – September 26, 2008**

**HOTEL AMENITIES** – Lovely suburban hotel with pool and fitness center. Dining within walking distance. Go online to [www.holidayinn.com/yyz-markham](http://www.holidayinn.com/yyz-markham).

**\*When reserving a hotel room, identify yourself with Children's Treatment Network**  
\* - **Simcoe York to obtain these rates.**