

May 13 & 14 2005 • Dallas, Texas

# Assessment & Treatment of Dysphagia in:

- Stroke
- Head and Neck Cancer
- Dementia
- Progressive Diseases

with SPECIAL TOPIC PRESENTATION

- Pneumonia: Challenges in Clinical Practice
- Nutritional Problems and Dysphagia
- Emerging Practices and Evidence



PRESENTED BY: **Michael A. Crary, PhD**

COST: **\$348** includes an extensive course syllabus, continental breakfast, refreshment breaks and Certificate of Attendance

REGISTRATION DEADLINE: **May 5, 2005**

## COURSE OVERVIEW

The course addresses clinically relevant topics in the management of adult dysphagia. The initial session reviews the clinical (including instrumental) examination of dysphagia in adults. This session will address issues such as what information should be sought in the clinical history and how to complete a physical examination efficiently. Two currently popular instrumental examinations will be reviewed and a new approach to scoring these evaluations will be introduced. Other instrumental examination options will be briefly reviewed. Finally, participants will be provided the opportunity to use the novel scoring system (currently in development) to score and interpret fluoroscopic and endoscopic dysphagia examinations.

## COURSE OBJECTIVES

By the conclusion of this course, the participant will be able to:

- delineate the contribution of each aspect of the clinical evaluation in reference to management strategies;
- describe and apply a novel scoring system to the fluoroscopic and endoscopic swallowing evaluations;
- describe the impact of stroke and progressive diseases, including dementia, on swallowing ability and how this impact may change over time;
- delineate treatment options for patients with stroke and progressive diseases, including dementia, at different time points along the natural history of dysphagia in these patients;
- describe the impact of head and neck cancer and its treatment on swallowing ability in adult patients; and delineate treatment options subsequent to different cancer conditions and treatment modalities;
- describe the factors that contribute to malnutrition in adults and delineate the potential relationships between poor nutrition and dysphagia;
- describe the factors that contribute to pneumonia in adults and delineate the potential relationships between pneumonia and dysphagia.

**WHO WILL BENEFIT** – Speech/ Language Pathologists who are experienced in the diagnoses and treatment of dysphagia in adults.

SPECIFICS TO BE ADDRESSED:	
DAY ONE (Friday)	
TIME	TOPIC
8:00-8:30 am	Registration/Continental Breakfast
8:30-9:15	<b>Reviewing the clinical examination for adult dysphagia</b> History and the physical examination
9:15-10:00	The fluoroscopic examination
10:00-10:15	Break
10:15-11:00	The endoscopic examination
11:00-11:15	Other procedures
11:15-11:45	Scoring and interpreting fluoro and endo videos
11:45-1:15	<b>Lunch on your own</b>
1:15-2:45	<b>Treating neurogenic dysphagia</b> • Stroke Sequelae of stroke; Natural history of dysphagia following stroke; Dysphagia-related comorbidities; Treatment options along the natural history
2:45-3:00	Break
3:00-4:30	<b>Treating neurogenic dysphagia</b> • Progressive diseases Patterns of Dysphagia in progressive diseases; Treatment options • Dementia The issue of cognition; What we see in dementia patients; Treatment options
DAY TWO (Saturday)	
8:00-8:30 am	Continental Breakfast
8:30-10:00	<b>Treating Dysphagia in head and neck cancer patients</b> • Types and locations of head and neck cancers (the basics) • Treatments for head and neck cancers • Sequelae of cancer and its treatment
10:00-10:15	Break
10:15-11:45	Treating dysphagia in head and neck cancer patients (continued) • Treatment options for dysphagia in head and neck cancer patients
11:45-1:15	<b>Lunch on your own</b>
1:15-2:15	<b>Dysphagia and pneumonia</b>
2:15-2:45	Break
2:45-3:45	<b>Dysphagia and nutritional status</b>
3:45-4:30	<b>Emerging practices and evidence</b>
4:30-5:00	Questions and discussion

## WHEN & WHERE?

- **May 13 & 14, 2005**  
**Dallas, Texas**

**Wyndham Anatole Hotel**  
2201 Stemmons Freeway

**PARKING** – Day Rate = \$6.00

**PARKING** – Overnight = \$12.95

**LOCATION** – at the intersection of Market Center Boulevard and I-35.

## CONTINUING EDUCATION RECOGNITION

Each participant will receive a certificate documenting attendance/contact hours (see General Information for more details).

**CEPA is approved by the CEB of ASHA to provide continuing education programs.**

- Dysphagia course – offered for 1.2 CEU's or 12 contact hours/clock hours.

Content Area = Professional  
Instructional Level = ADVANCED

## OVERNIGHT ACCOMMODATIONS

- **Wyndham Anatole Hotel**  
2201 Stemmons Freeway  
214-761-7500 HOTEL DIRECT  
Rates: Single or Double \$99\*

**\*When reserving a hotel room, identify yourself with CEPA to obtain these rates.**

**Cutoff on rooms – April 29, 2005**

**HOTEL AMENITIES** – Beautiful hotel with world class charm.

**ARRIVING BY AIR?** – From Love Field: taxi costs \$10-\$15 each way. From Dallas Fort Worth: suggest Super Shuttle, call 800-BLUE-VAN to arrange for pick up. Cost = \$15 each way.