

April 30 & May 1, 2010 • Bloomington, Minnesota

Advanced Clinical Management for Special Voice Disorder Populations

- Irritable Larynx Syndrome
- VCD
- Vocal Abuse

ADVANCED COURSE

PRESENTED BY: **Douglas M. Hicks, PhD**

COST: **\$419** includes an extensive course syllabus, breakfast, refreshment breaks and Certificate of Attendance

REGISTRATION DEADLINE: **April 22, 2010**

COURSE OVERVIEW

This **new program** provides for more **advanced** and comprehensive attention to select disorders and is **not an overview**. Patients representing the Irritable Larynx Syndrome (including allergy, asthma, and reflux), the unique problem of Vocal Fold Dysfunction (VCD), and those demonstrating vocal abuse are a growing and demanding part of one's clinical practice. Generous time dedicated to each disorder area will allow discussion of more detailed clinical skills, both evaluation and treatment, as well as critical patient education. This newly developed program allows experienced therapists to be immersed in the clinical management of several challenging but treatable laryngeal/voice disorders. Special features of the workshop will be dynamic interaction among participants (including attendee case forums), real case illustrations, generous question/answer time, readily applicable clinical strategies, and discussion of key counseling points with patients and their family. An innovative, successful approach to treating vocal abuse will utilize a vocal wellness counseling strategy in place of traditional vocal exercises/drills. A newly published chapter reprint on vocal hygiene will be provided.

COURSE OBJECTIVES

By the conclusion of this course, the participant will be able to:

- apply a diagnostic paradigm that differentiates several factors subsumed under irritable larynx syndrome (allergy, asthma, and reflux);
- articulate the clinical differences between GER and LPR;
- apply a prescriptive treatment paradigm for the different irritative etiologies;
- distinguish among the clinical subtypes related to VCD;
- implement differential treatment for the various VCD subgroups;
- implement an innovative approach for the treatment of vocal abuse;
- utilize a comprehensive vocal hygiene approach for the resolution of vocal fold nodules.

WHO WILL BENEFIT – Experienced Speech/Language Pathologists who are seeking advanced information on the management of Irritable Larynx Syndrome, VCD, and Vocal Abuse.

SPECIFICS TO BE ADDRESSED:	
DAY ONE (Friday)	
TIME	TOPIC
7:30-8:00 am	Registration / Breakfast
8:00-8:15	Overview of the Course
8:15-8:30	Operationally Define Irritable Larynx Syndrome Allergy, Asthma, Reflux, Smoking, Pollution/Fumes, URI
8:30-9:00	Allergy Role of SLP in Evaluation/Treatment Clinical Wisdom Pointers
9:00-9:30	Asthma Role of SLP in Evaluation/Treatment Critical Medicine Issues
9:30-9:45	Break
9:45-Noon	Reflux Clinical Dilemma GER vs. LPR GI vs. ENT/SLP Signs and Symptoms Multi-faceted Puzzle Basic Science, Clinical Exam: Laryngology, GI Evaluation, Treatment Algorithms Current CCF Clinical Practice Medicine Types, Dosage, Timing, Diet/Lifestyle
Noon-1:15	Lunch on your own
1:15-3:15	Vocal Cord Dysfunction (VCD) Etiologic Subgroups Organic, Exercise-Induced, Garden Variety, Psychogenic Differential Diagnosis/Treatment Interdisciplinary Strategy: Who/How Treatment Medical, Behavioral Role of SLP Working Limits, Facilitating Techniques, Counseling Script
3:15-3:30	Break
3:30-4:30	Cases Forum
4:30-5:00	Questions and Answers
DAY TWO (Saturday)	
7:30-8:00 am	Breakfast
8:00-8:15	Vocal Abuse: Defining the Population Nodules Plus... Counseling vs. Traditional Approach
8:15-9:45	Treatment I Preliminary Concepts/Orientation Defining Treatment Goals (2) Supplemental Issues Pitch, Lifestyle/Health Factors
9:45-10:00	Break
10:00-Noon	Treatment II Counseling: Vocal Hygiene Concepts
Noon-1:15	Lunch on your own
1:15-3:15	Treatment III Counseling: Remaining Hygiene Concepts Identify/Eliminate Abuse Factors Voice Use/Abuse Analysis Discharge/Monitoring
3:15-3:30	Break
3:30-4:30	Cases Forum
4:30-5:00	Questions and Answers
CE CERTIFICATES PRESENTED	

All registrations must be postmarked no later than April 22, 2010

CONTINUING EDUCATION RECOGNITION

Each participant will receive a certificate documenting attendance and the awarding of CEU's/contact hours/clock hours. CEPA is approved by the CEB of ASHA to provide Continuing Education Programs.



Continuing Education Programs of America is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language

pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 1.4 CEUs or 14 contact hours.

ASHA Content Area = Professional

ASHA Instructional Level = Advanced

Course Location/Hotel Information

WHEN & WHERE?

- **April 30 & May 1, 2010**
Bloomington, MN
Hilton Minneapolis/Bloomington
3900 American Blvd. West
Bloomington, Minnesota

LOCATION – at the intersection of
France Avenue and I-494.

PARKING – complimentary

OVERNIGHT ACCOMMODATIONS

Hilton Hotel (site of course)
952-893-9500 or 800-445-8667 RESERVATIONS*
Rates: \$99* single/double

*When reserving a hotel room, identify yourself with CEPA to obtain this rate.

For your travel convenience, CEPA room rate available 2 days before and after event.

Cutoff on rooms – April 13, 2010

HOTEL AMENITIES – lovely, new hotel shopping*/dining – Galleria, Containner Store, Southdale, etc.). Hotel offers complimentary shuttle to Galleria Mall and Mall of America (*no sales tax on clothing in MN!)

ARRIVING BY AIR? – Hotel offers complimentary shuttle to and from Minneapolis International Airport.