

Sept. 24 & 25, 2010 • San Francisco, Calif.  
Nov. 5 & 6, 2010 • San Diego, California

# Feeding Therapy for Infants & Children:

- What To Do AND
- How, When, and Why To Do It

PRESENTED BY: **Cheri Fraker, MS, CCC/SLP-L, CLC**  
**Laura Walbert, MS, CCC/SLP-L, CLC**

COST: **\$419** includes an extensive course syllabus, continental breakfast, refreshment breaks and Certificate of Attendance

REGISTRATION DEADLINE: **San Francisco Courses = Sept. 17, 2010**  
**San Diego Courses = Oct. 28, 2010**

## COURSE OVERVIEW

The course is focused on the specifics of implementing pediatric feeding therapy techniques. The course will provide therapists with therapeutic intervention strategies for infants and children. The presenters will teach approaches to feeding therapy that are effective from NICU through childhood. It will include evaluating infants and children with feeding/swallowing disorders and developing comprehensive, multi-disciplinary intervention programs. This course will focus on specifics about how to structure a therapy session, how to introduce food, what to do for specific feeding problems and why, when, and how to advance the program. Videotaped feeding sessions and evaluations will be used throughout the presentation.

## COURSE OBJECTIVES

By the conclusion of this course, the participant will be able to:

- recognize factors in the medical history that impact feeding and develop a greater understanding of nutritional status, swallow function, and readiness for intervention;
- apply knowledge of the complexity of pediatric feeding disorders and the need for multidisciplinary assessment and development of customized, individualized treatment techniques for infants and children;
- develop complex multidisciplinary treatment programs for infants and children with prematurity, complex medical history, feeding aversion, food allergies, behavioral and/or sensory-based feeding disorders;
- describe the techniques of *Pre-Chaining* and treatment of the medically fragile child and/or the non-oral feeder;
- summarize the techniques of therapeutic utensils, feeding products, sensory and behavioral intervention strategies and the use of Fraker, Walbert, and Cox's *Food Chaining*® techniques

**WHO WILL BENEFIT** – Speech/Language Pathologists, Occupational and Physical Therapists, Dietitians and others who are working with Pediatric Feeding/Swallowing Disorders.

## CONTINUING EDUCATION RECOGNITION

Each participant will receive a certificate documenting attendance and the awarding of 1.3 CEUs or 13 contact hours/clock hours/PDUs. For specific details related to your discipline, please see *General Information* page.

This course is offered for 1.3 ASHA CEUs (Intermediate level, Professional area)

<b>SPECIFICS TO BE ADDRESSED:</b>	
<b>DAY ONE (Friday)</b>	
<b>TIME</b>	<b>TOPIC</b>
7:30-8:00 am	Registration / Continental Breakfast
8:00-8:15	Current research – pediatric feeding therapy
8:15-9:45	Infants – The feeding evaluation: Oral reflexes, non-nutritive and nutritive suck, swallow evaluation
9:45-10:00	Break
10:00-10:45	Infant Videoropharyngeal Swallow Study (audience evaluation and participation)
10:45-Noon	Treatment of the infant, nipple flow rate, feeding schedule, calorically dense feedings/thickened feedings: the benefits and pitfalls, oral sensory motor therapy for infants, suck/swallow/breathe sequence
Noon-1:15	<b>Lunch on your own</b>
1:15-1:45	Videotaped infant feedings (audience evaluation and participation)
1:45-2:15	Older infants: transitional stages, growth and changes in the oral cavity, safe steps from bottle to cup and spoon to solids, positive feeder child relationship, product guide/feeding equipment
2:15-3:00	Infants – toddler oral motor therapy, introduction to Pre-Chaining
3:00-3:15	Break
3:15-4:00	Pre-chaining programs: prematurity/special needs, secretion management, non-oral feeders, when is a feeding tube needed? Long term tube use, team care – transitioning to oral feeds
4:00-5:00	Swallowing assessment of the child, aspiration: how much is too much? Videoropharyngeal swallow study for the child, treatment of laryngeal penetration/aspiration, complex swallowing disorders
<b>DAY TWO (Saturday)</b>	
7:30-8:00 am	Continental Breakfast
8:00-10:00 with a 15 minute break	Tools to evaluate the child: prioritizing needs, team care, failure to thrive, swallowing and digestive tract disorders, allergy or aversion or both, evaluation of aspiration in children, referrals – who, how and when?
10:00-10:45	Observation and interpretation of feeding sessions, evaluation and treatment of aspiration - children
10:45-11:45	Understanding feeding aversion, interpretation of the medical, developmental and feeding history, assessment for children with feeding aversion, developing a multidisciplinary treatment program
11:45-12:45	<b>Lunch on your own</b>
12:45-1:30	Treatment: tools to use with the child – appetite and aversion, shaping intake patterns, food presentation, oral sensory motor feeding skills, oral motor - functional and fun, utensils, cups, and spoons
1:30-3:00	Videotaped sessions of food chaining in treatment, setting up successful mealtimes, treatment techniques Sensory issues: What is sensitive, what is sensory, and what is behavioral? Interpretation and management of behavior at meals, sensory/behavioral treatment plans
3:00-3:15	Questions and Answers
CE CERTIFICATES PRESENTED	

## CONTINUING EDUCATION RECOGNITION

*Each participant will receive a certificate documenting attendance and CEU's and/or contact hours/clock hours/PDU's. (see specific courses for exact amount of CE credit).*



Continuing Education Programs of America is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

### Additional Continuing Education Approval by:

- **RD's** – Commission on Dietetic Registration CPEU Level 3 - 13 hours
- **OT's** – CEPA is approved by numerous state Occupational Therapy licensing boards and therefore these courses meet all CE requirements of NBCOT.
- Washington State Department of Public Instruction for CE Clock Hours
- California Board of Registered Nursing – #CEP 12564

## SAN FRANCISCO INFORMATION

### WHEN & WHERE?

- **Sept. 24 & 25, 2010**  
**Burlingame, California**  
Embassy Suites  
150 Anza Blvd.

**LOCATION** – overlooking San Francisco Bay, just south of the airport on #101.

**PARKING** – complimentary for day guests, \$5 for overnight guests.

**ARRIVING BY AIR?** – hotel offers complimentary shuttle – just call hotel from the baggage claim area.

### OVERNIGHT ACCOMMODATIONS

**Embassy Suites**  
(site of course)  
Rates: \$99\* single or double  
*includes cooked-to-order breakfast*  
\* **Rate available 1 day before and after event. Call 800-EMBASSY by Sept. 9, 2010, and identify yourself with "CEP" to obtain this rate.**

**HOTEL AMENITIES** – lovely suite hotel on San Francisco Bay with access via BART to San Francisco.

**NOTE:** – there is a 6 mile, paved walking path along San Francisco Bay in front of hotel.

## SAN DIEGO INFORMATION

### WHEN & WHERE?

- **Nov. 5 & 6, 2010**  
**San Diego, California**  
The Dana on Mission Bay  
1710 W. Mission Bay Drive

**LOCATION** – located in the heart of Mission Bay Aquatic Park with easy access to San Diego attractions; closest hotel to Sea World, minutes to the San Diego Zoo, downtown, Gaslamp District and shopping.

**PARKING** – free for day guests, \$8 for overnight guests.

### OVERNIGHT ACCOMMODATIONS

**The Dana on Mission Bay**  
(site of course)  
Rates: \$109\* single or double  
\* **Call 800-445-3339 or 619-222-6440 for reservations by Oct. 14, 2010, and identify yourself with "CEPA" to obtain this rate OR book online at [www.the Dana.net](http://www.the Dana.net) (enter attendee code 1110 CEU).**

**HOTEL AMENITIES** – convenient location overlooking the waters of Mission Bay and marina; two pools and fitness center.

**ARRIVING BY AIR?** – hotel offers shuttle to and from San Diego International Airport. Call hotel 619-222-6440 for pick-up once you have your luggage. Cost = \$8 each way.