

Sept. 11 & 12, 2009 • Kansas City, MO
Oct. 16 & 17, 2009 • Dallas, TX

Feeding Therapy for Infants & Children

- What To Do AND
- How, When, and Why To Do It

PRESENTED BY: **Cheri Fraker, MS, CCC/SLP-L, CLC**
Laura Walbert, MS, CCC/SLP-L, CLC

COST: **\$409** includes an extensive course syllabus, continental breakfast, refreshment breaks and Certificate of Attendance

REGISTRATION DEADLINE: **September 4, 2009 (Kansas)**
October 8, 2009 (Dallas)

COURSE OVERVIEW

The course is focused on the specifics of implementing pediatric feeding therapy techniques. The course will provide therapists with therapeutic intervention strategies for infants and children. The presenters will teach approaches to feeding therapy that are effective from NICU through childhood including evaluating infants and children with feeding/swallowing disorders and developing comprehensive, multidisciplinary intervention programs. This course will focus on specifics about how to structure a therapy session, how to introduce food, what to do for specific feeding problems and why, when, and how to advance the program. Videotaped feeding sessions and evaluations will be used throughout the presentation.

COURSE OBJECTIVES

- By the conclusion of this course, the participant will be able to:
- recognize factors in the medical history that impact feeding and develop a greater understanding of nutritional status, swallow function, and readiness for intervention;
 - demonstrate knowledge of the complexity of pediatric feeding disorders and the need for multidisciplinary assessment and development of customized, individualized treatment techniques for infants and children;
 - develop complex multidisciplinary treatment programs for infants and children with prematurity, complex medical history, feeding aversion, food allergies, behavioral and/or sensory-based feeding disorders;
 - demonstrate understanding of the techniques of *Pre-Chaining* and treatment of the medically fragile child and/or the non-oral feeder;
 - demonstrate understanding of the techniques of therapeutic utensils, feeding products, sensory and behavioral intervention strategies and the use of Fraker, Walbert, and Cox's *Food Chaining*® techniques,

WHO WILL BENEFIT – SLP's, OT's, PT's, RD's, EI Specialists, others who are working with Pediatric Feeding/Swallowing Disorders.

SPECIFICS TO BE ADDRESSED:	
DAY ONE (Friday)	
TIME	TOPIC
7:30-8:00 am	Registration / Continental Breakfast
8:00-8:15	Current research – pediatric feeding therapy
8:15-9:45	Infants – The feeding evaluation: Oral reflexes, non-nutritive and nutritive suck, swallow evaluation
9:45-10:00	Break
10:00-10:45	Infant Videoropharyngeal Swallow Study (audience evaluation and participation)
10:45-Noon	Treatment of the infant, nipple flow rate, feeding schedule, calorically dense feedings/thickened feedings: the benefits and pitfalls, oral sensory motor therapy for infants, suck/swallow/ breathe sequence
Noon-1:15	<i>Lunch on your own</i>
1:15-1:45	Videotaped infant feedings (audience evaluation and participation)
1:45-2:15	Older infants: transitional stages, growth and changes in the oral cavity, safe steps from bottle to cup and spoon to solids, positive feeder child relationship, product guide/feeding equipment
2:15-3:00	Infants – toddler oral motor therapy, introduction to Pre-Chaining
3:00-3:15	Break
3:15-4:00	Pre-chaining programs: prematurity/special needs, secretion management, non-oral feeders, when is a feeding tube needed? Long term tube use, team care – transitioning to oral feeds
4:00-5:00	Swallowing assessment of the child, aspiration: how much is too much? Videoropharyngeal swallow study for the child, treatment of laryngeal penetration/aspiration, complex swallowing disorders
DAY TWO (Saturday)	
7:30-8:00 am	Continental Breakfast
8:00-10:00 with a 15 minute break	Tools to evaluate the child: prioritizing needs, team care, failure to thrive, swallowing and digestive tract disorders, allergy or aversion or both, evaluation of aspiration in children, referrals – who, how and when?
10:00-10:45	Observation and interpretation of feeding sessions, evaluation and treatment of aspiration - children
10:45-11:45	Understanding feeding aversion, interpretation of the medical, developmental and feeding history, assessment for children with feeding aversion, developing a multidisciplinary treatment program
11:45-12:45	<i>Lunch on your own</i>
12:45-1:30	Treatment: tools to use with the child – appetite and aversion, shaping intake patterns, food presentation, oral sensory motor feeding skills, oral motor - functional and fun, utensils, cups, and spoons
1:30-3:00	Videotaped sessions of food chaining in treatment, setting up successful mealtimes, treatment techniques Sensory issues: What is sensitive, what is sensory, and what is behavioral? Interpretation and management of behavior at meals, sensory/behavioral treatment plans
3:00-3:15	Questions and Answers
CE CERTIFICATES PRESENTED	

CONTINUING EDUCATION RECOGNITION

Each participant will receive a certificate documenting attendance and the awarding of CEU's/contact hours/clock hours/PDU's. CEPA is approved by the CEB of ASHA to provide Continuing Education Programs.

For specific details related to your discipline, please see *General Information* page.

This course is offered for 1.3 CEU's or 13 contact hours/PDU's.

ASHA Content Area = Professional

ASHA Instructional Level = Intermediate

KANSAS CITY INFORMATION

WHEN & WHERE?

• **Sept. 11 & 12, 2009**
Kansas City, Missouri
Marriott Country Club Plaza Hotel
4445 Main Street
PARKING – complimentary
DIRECTIONS – within walking distance to Country Club Plaza – Kansas City's premiere shopping and dining district.

Visit www.countryclubplaza.com for a complete list of shops and dining.

OVERNIGHT ACCOMMODATIONS

• **Marriott Country Club Plaza Hotel**
4445 Main Street
800-810-3708 GUEST ROOM RESERVATIONS
Rates: \$109* single or double

***When reserving a hotel room, identify yourself with CEPA to obtain these rates.**

Cutoff on rooms – August 27, 2009

HOTEL AMENITIES – complete health club with indoor lap pool. Enjoy the area's architecture, diverse dining, and exceptional shopping.

ARRIVING BY AIR? – fly into Kansas City International and take the Super Shuttle to the hotel: cost = \$31 round trip.

DALLAS INFORMATION

WHEN & WHERE?

• **Oct. 16 & 17, 2009**
Dallas, Texas
Wyndham DFW Hotel
4441 West John Carpenter Freeway
Irving, Texas
PARKING – complimentary
DIRECTIONS – at the intersection of Highway #114 and Esters Road, 5 minutes from DFW Airport.

OVERNIGHT ACCOMMODATIONS

• **Wyndham DFW Hotel**
4441 West John Carpenter Freeway
Irving, Texas
972-929-8181 GUEST ROOM RESERVATIONS
Rates: \$99* single or double (includes breakfast buffet)

***When reserving a hotel room, identify yourself with CEPA to obtain these rates.**

Cutoff on rooms – Oct. 1, 2009 (3 pm)

HOTEL AMENITIES – lovely airport hotel with pool and complete health club.

ARRIVING BY AIR? – suggest flying into DFW – hotel offers complimentary shuttle.