

Sept. 12 & 13, 2008 • Denver, Colorado

Feeding Therapy for Infants & Children:

- **What To Do AND**
- **How, When, and Why To Do It**

PRESENTED BY: **Cheri Fraker, MS, CCC/SLP-L, CLC**
Laura Walbert, MS, CCC/SLP-L, CLC

COST: **\$398** includes an extensive course syllabus, continental breakfast, refreshment breaks and Certificate of Attendance

REGISTRATION DEADLINE: **September 4, 2008**

COURSE OVERVIEW

The course is focused on the specifics of implementing pediatric feeding therapy techniques. The course will provide therapists with therapeutic intervention strategies for infants and children. The presenters will teach approaches to feeding therapy that are effective from NICU through childhood including evaluating infants and children with feeding/swallowing disorders and developing comprehensive, multidisciplinary intervention programs. This course will focus on specifics about how to structure a therapy session, how to introduce food, what to do for specific feeding problems and why, when, and how to advance the program. Videotaped feeding sessions and evaluations will be used throughout the presentation.

COURSE OBJECTIVES

By the conclusion of this course, the participant will be able to:

- recognize factors in the medical history that impact feeding and develop a greater understanding of nutritional status, swallow function, and readiness for intervention;
- demonstrate knowledge of the complexity of pediatric feeding disorders and the need for multidisciplinary assessment and development of customized, individualized treatment techniques for infants and children;
- develop complex multidisciplinary treatment programs for infants and children with prematurity, complex medical history, feeding aversion, food allergies, behavioral and/or sensory-based feeding disorders;
- demonstrate understanding of the techniques of *Pre-Chaining* and treatment of the medically fragile child and/or the non-oral feeder;
- demonstrate understanding of the techniques of therapeutic utensils, feeding products, sensory and behavioral intervention strategies and the use of Fraker, Walbert, and Cox's *Food Chaining*® techniques,

WHO WILL BENEFIT – Speech/Language Pathologists, Occupational and Physical Therapists, Dietitians and others who are working with Pediatric Feeding/Swallowing Disorders.

SPECIFICS TO BE ADDRESSED:

DAY ONE (Friday)

TIME	TOPIC
7:30-8:00 am	Registration/Continental Breakfast
8:00-8:30	Current research – pediatric feeding therapy
8:30-10:00	Infants – The feeding evaluation: Oral reflexes, non-nutritive and nutritive suck, swallow evaluation
10:00-10:15	Break
10:15-10:45	Infant Videoropharyngeal Swallow Study (audience evaluation and participation)
10:45-Noon	Treatment of the infant, nipple flow rate, feeding schedule, calorically dense feedings/thickened feedings: the benefits and pitfalls, oral sensory motor therapy for infants, suck/swallow/breathe sequence
Noon-1:15	Lunch on your own
1:15-1:45	Videotaped infant feedings (audience evaluation and participation)
1:45-2:15	Older infants: transitional stages, growth and changes in the oral cavity, safe steps from bottle to cup and spoon to solids, positive feeder child relationship, product guide/feeding equipment
2:15-3:00	Infants – toddler oral motor therapy
3:00-3:15	Break
3:15-4:00	Pre-chaining programs: prematurity/special needs, secretion management, non-oral feeders, when is a feeding tube needed? Long term tube use, team care – transitioning to oral feeds
4:00-5:00	Swallowing assessment of the child, aspiration: how much is too much? Videoropharyngeal swallow study for the child, treatment of laryngeal penetration/aspiration, tracheostomy tubes

DAY TWO (Saturday)

7:30-8:00 am	Continental Breakfast
8:00-10:00	Tools to evaluate the child: prioritizing needs, team care, failure to thrive, swallowing and digestive tract disorders, allergy or aversion or both, evaluation of aspiration in children, referrals – who, how and when?
10:00-10:15	Break
10:15-11:00	Observation and interpretation of feeding sessions and videoropharyngeal swallow studies, treatment of aspiration - children
11:00-Noon	Understanding feeding aversion, interpretation of the medical, developmental and feeding history, assessment for children with feeding aversion, developing a multidisciplinary treatment program
Noon-1:15	Lunch on your own
1:15-3:00	Treatment: tools to use with the child – appetite and aversion, shaping intake patterns, food presentation, oral sensory motor feeding skills, oral motor-functional and fun, utensils, cups, and spoons
3:00-3:15	Break
3:15-4:15	Videotapes of food chaining in treatment, setting up successful mealtimes, treatment techniques
4:15-5:00	Sensory issues: What is sensitive, what is sensory, and what is behavioral? Interpretation and management of behavior at meals, sensory/behavioral treatment plans

WHEN & WHERE?

- **Sept. 12 & 13, 2008**
Denver, Colorado

Hilton Garden Inn – Denver Tech Center
7675 E. Union Avenue

PARKING – complimentary
DIRECTIONS – in the Tech Center just off I-25 and Bellevue.

CONTINUING EDUCATION RECOGNITION

Each participant will receive a certificate documenting attendance/contact hours.

Feeding Course – This course offers 1.4 CEU's or 14 contact hours/clock hours. For specific details related to your discipline, please see *General Information* page.

ASHA Instructional Area = Professional
ASHA Instructional Level = Intermediate

OVERNIGHT ACCOMMODATIONS

Hilton Garden Inn – Denver Tech Center
7675 E. Union Avenue
Denver, Colorado
303-770-4200 HOTEL DIRECT
Rates: Single or Double \$99 + tax*

Cutoff on rooms – August 24, 2008

HOTEL AMENITIES – fitness center, pool and within walking distance to numerous dining establishments.

ARRIVING BY AIR? – suggest Super Shuttle. Cost approximately \$20 each way, \$38 round trip.

***When reserving a hotel room, identify yourself with CEPA to obtain these rates.**