

# Feeding Therapy for Infants & Children:

- What To Do AND
- How, When, and Why To Do It

PRESENTED BY: **Cheri Fraker, MS, CCC/SLP-L, CLC**  
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COST: **\$409** includes an extensive course syllabus, breakfast, refreshment breaks and Certificate of Attendance

REGISTRATION DEADLINE: **April 22, 2010**

## COURSE OVERVIEW

The course is focused on the specifics of implementing pediatric feeding therapy techniques. The course will provide therapists with therapeutic intervention strategies for infants and children. The presenters will teach approaches to feeding therapy that are effective from NICU through childhood. It will include evaluating infants and children with feeding/swallowing disorders and developing comprehensive, multidisciplinary intervention programs. This course will focus on specifics about how to structure a therapy session, how to introduce food, what to do for specific feeding problems and why, when, and how to advance the program. Videotaped feeding sessions and evaluations will be used throughout the presentation.

## COURSE OBJECTIVES

By the conclusion of this course, the participant will be able to:

- recognize factors in the medical history that impact feeding and develop a greater understanding of nutritional status, swallow function, and readiness for intervention;
- demonstrate knowledge of the complexity of pediatric feeding disorders and the need for multidisciplinary assessment and development of customized, individualized treatment techniques for infants and children;
- develop complex multidisciplinary treatment programs for infants and children with prematurity, complex medical history, feeding aversion, food allergies, behavioral and/or sensory-based feeding disorders;
- demonstrate understanding of the techniques of *Pre-Chaining* and treatment of the medically fragile child and/or the non-oral feeder;
- demonstrate understanding of the techniques of therapeutic utensils, feeding products, sensory and behavioral intervention strategies and the use of Fraker, Walbert, and Cox's *Food Chaining*® techniques,

**WHO WILL BENEFIT** – Speech/Language Pathologists, Occupational and Physical Therapists, Dietitians and others who are working with Pediatric Feeding/Swallowing Disorders.

SPECIFICS TO BE ADDRESSED:	
DAY ONE (Friday)	
TIME	TOPIC
7:30-8:00 am	Registration / Breakfast
8:00-8:15	Current research – pediatric feeding therapy
8:15-9:45	Infants – The feeding evaluation: Oral reflexes, non-nutritive and nutritive suck, swallow evaluation
9:45-10:00	Break
10:00-10:45	Infant Videoropharyngeal Swallow Study (audience evaluation and participation)
10:45-Noon	Treatment of the infant, nipple flow rate, feeding schedule, calorically dense feedings/thickened feedings: the benefits and pitfalls, oral sensory motor therapy for infants, suck/swallow/breathe sequence
Noon-1:15	<b>Lunch on your own</b>
1:15-1:45	Videotaped infant feedings (audience evaluation and participation)
1:45-2:15	Older infants: transitional stages, growth and changes in the oral cavity, safe steps from bottle to cup and spoon to solids, positive feeder child relationship, product guide/feeding equipment
2:15-3:00	Infants – toddler oral motor therapy, introduction to Pre-Chaining
3:00-3:15	Break
3:15-4:00	Pre-chaining programs: prematurity/special needs, secretion management, non-oral feeders, when is a feeding tube needed? Long term tube use, team care – transitioning to oral feeds
4:00-5:00	Swallowing assessment of the child, aspiration: how much is too much? Videoropharyngeal swallow study for the child, treatment of laryngeal penetration/aspiration, complex swallowing disorders
DAY TWO (Saturday)	
7:30-8:00 am	Breakfast
8:00-10:00 with a 15 minute break	Tools to evaluate the child: prioritizing needs, team care, failure to thrive, swallowing and digestive tract disorders, allergy or aversion or both, evaluation of aspiration in children, referrals – who, how and when?
10:00-10:45	Observation and interpretation of feeding sessions, evaluation and treatment of aspiration - children
10:45-11:45	Understanding feeding aversion, interpretation of the medical, developmental and feeding history, assessment for children with feeding aversion, developing a multidisciplinary treatment program
11:45-12:45	<b>Lunch on your own</b>
12:45-1:30	Treatment: tools to use with the child – appetite and aversion, shaping intake patterns, food presentation, oral sensory motor feeding skills, oral motor - functional and fun, utensils, cups, and spoons
1:30-3:00	Videotaped sessions of food chaining in treatment, setting up successful mealtimes, treatment techniques Sensory issues: What is sensitive, what is sensory, and what is behavioral? Interpretation and management of behavior at meals, sensory/behavioral treatment plans
3:00-3:15	Questions and Answers
CE CERTIFICATES PRESENTED	

All registrations must be postmarked no later than April 22, 2010

## CONTINUING EDUCATION RECOGNITION

Each participant will receive a certificate documenting attendance and the awarding of 1.3 CEUs/or 13 Contact Hours/PDUs. **For SLPs...**



**Continuing Education Programs of America** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language

pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

ASHA Content Area = Professional ASHA Instructional Level = Intermediate

For other disciplines, there is additional continuing education approval by:

**RN's** – California Board of Registered Nursing – Provider #CEP 12564

**RD's** – Commission on Dietetic Registration – CPEU – Level 3 – 13 hours

**OT's** – CEPA is approved by numerous state & national licensing boards and therefore these courses meet all CE requirements of NBCOT.

**Other Disciplines** – EI Specialists, PT, Special Ed. - your certificate should be adequate documentation for your needs; if you have a question, please contact us.

## Course Location/Hotel Information

### WHEN & WHERE?

- April 30 & May 1, 2010  
Bloomington, MN

**Hilton Minneapolis/Bloomington**  
3900 American Blvd. West  
Bloomington, Minnesota

**LOCATION** – at the intersection of  
France Avenue and I-494.

**PARKING** – complimentary

### OVERNIGHT ACCOMMODATIONS

**Hilton Hotel (site of course)**  
952-893-9500 or 800-445-8667 RESERVATIONS\*  
Rates: \$99\* single/double

**\*When reserving a hotel room, identify yourself with CEPA to obtain this rate.**

**For your travel convenience, CEPA room rate available 2 days before and after event.**

**Cutoff on rooms – April 13, 2010**

**HOTEL AMENITIES** – lovely, new hotel just off France Ave. (a street with extensive shopping\*/dining – Galleria, Container Store, Southdale, etc.). Hotel offers complimentary shuttle to Galleria Mall and Mall of America (\*no sales tax on clothing in MN!)

**ARRIVING BY AIR?** – Hotel offers complimentary shuttle to and from Minneapolis International Airport.